

R. CLAY WILLIAMS, D.O.

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CURRENT

- 2019-present **University of Texas Health East Texas, Urology Tyler**
- 2019-present **Clinical Associate Professor of Urology**
- 2019-present **Staff Privileges:** University of Texas Health East Texas Hospital
- Interests:** Male and Female Sexual Medicine and Reconstructive Surgery:
Erectile dysfunction, penile prosthetics, Peyronie's disease
UroFill[®] penile girth enhancement, exosome/stem cell P-shot;
Female pelvic floor dysfunction: therapy and vaginal prolapse surgery;
Male and female incontinence: urinary sphincters and slings,
Bladder Botox, Interstim neuromodulation; urodynamics
male hormone replacement, minimally invasive prostate therapies:
greenlight laser TURPs, Rezum
- 2023-2025 **Faculty Executive Committee Representative for the Department of Surgery**
University of Texas Tyler School of Medicine
- 2019-2025 **Section Chair (Chief) of Urology**
University of Texas Health East Texas
- 2023-present **Surgical Peer Review Committee Member**
- 2016-2025 **Surgical Services Committee Member**
- 2023-present **Elite Enhancement of East Texas**, restorative and regenerative therapies
with wife, Michelle, RN BSN, co-owners and co-providers
- 2025-present **UroFill[®] Certified Master Class Instructor and Provider/Injector**
- 2021-present **UroFill[®] Certified Provider** for penile girth enhancement
- 2005-2019 **Urology Tyler, PA (private practice)**

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2016-2019 **Chief of Urology, East Texas Medical Center**

2016-2019 **President of Urology Tyler, PA**

LICENSE & BOARDS

2007-present **American Board of Urology**

2005-present **Texas State Medical Board License**

2003-present **Arkansas State Medical Board License**

EDUCATION

2003-2005 **Urology Chief Resident, University of Arkansas for Medical Sciences**

2001-2003 **Urology Resident, University of Arkansas for Medical Sciences**

1999-2001 **General Surgery Resident, University of Arkansas for
Medical Sciences**

1995-1999 **University of North Texas Health Science Center - TCOM**
Fort Worth, TX
D.O. awarded June 1999; **Valedictorian**

1989-1992 **Stephen F. Austin State University**
Nacogdoches, TX
B.S. in Biology with minor in Chemistry

1988-1989 **Texarkana College, Texarkana, TX**

ORAL PRESENTATIONS & SYMPOSIA

1/17/25 **The Dog House Podcast, “And Straight Into the Gutter We Go...UroFill[®]
Penile Girth Enhancement”**

1/24/25 **Instagram Live UroFill[®], “Success Stories of Penile Girth Enhancement
with UroFill[®]”**

6/7-8/24 **Educator/Instructor, Coloplast Men’s Health Experienced Surgical Skills
Workshop for Penile Prosthetics (seminar/cadaver lab), Dallas, TX**

2023, 24, 25 **East Texas Nurse Practitioner Chapter Keynote Speaker, “Therapy Awareness
Program: Erectile Dysfunction & ED Treatment Options,” (Coloplast)**

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- 11/8/2023 **Internal Medicine Residency Seminar, “Erectile Dysfunction and Low Testosterone: The Man, His Brain, And His Penis”**
- 10/2023 **The Jason Wright Show Podcast, “Size Does Matter: Penile Girth Enhancement”**
- 5/2023 **The Jason Wright Show Podcast, “Erectile Dysfunction, Better Sex, and Other Matters of the Penis”**
- 6/2021 **Educator/Instructor, Coloplast Men’s Health Surgical Skills Workshop for Penile Prosthetics and Male Incontinence (seminar/cadaver lab) Austin, TX**
- 6/2021 **Teams Meeting for Education, Marketing, and Physician Education, Coloplast, Minneapolis, MN**
- 9/2018 **Men’s Health Insight Panel, Boston Scientific/American Medical System Minnetonka, MN**
- 8/2018 **STAR VIP Physician Visit, Coloplast Minneapolis, MN**
- 2015-present **Coloplast Men’s Health/Erectile Dysfunction Education/Seminars/Webinars**
- 2015-present **Boston Scientific Men’s Health/Erectile Dysfunction and Women’s Health/ Incontinence Education/Seminars/Webinars**

EDUCATIONAL ACCOMPLISHMENTS

- 2020-present **Sexual Medicine Society National Association annual conferences**
- 8/2025 **FEMSelect EnPlace™ Professional Education**
- 2024-present **Society of Urologic Prosthetic Surgeons (SUPS) Education Summit, Las Vegas, Nevada annual conferences**
- 4/2024 **UroFill^R Master Class for penile girth enhancement**
- 2023- present **UroFill^R Certified Provider for penile girth enhancement**
- 7/2023 **USTPO Trademark: Minimally Invasive Single Incision Sling™ / MISIS™**
- 2021-present **Coloplast, Educator/Instructor, for Penile Prosthetic Surgery**

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- 2020-present **Boston Scientific Educator/Instructor**, for **Rezum** BPH Treatment
- 2019-present **Platform Expert Consultant, Atheneum Global Knowledge**
- 2018, 19, 21 **Minimally Invasive Penile Prosthetic Implant Program, Perito Urology**

AWARDS & RECOGNITIONS

- 1/2026 **Bold Journey**, “Story & Lesson Highlights with Dr. Clay Williams”
(magazine article)
- 10/2025 **UroFill^R Master Class Instructor and Provider/Injector**
- 10/2025 **Center of Excellence, UroFill^R**, Penile Girth Enhancement
- 8/2025 **Center of Excellence, Coloplast**, Men’s Health/Education for Erectile Dysfunction/Penile Prosthetic Implant Surgery
- 4/2024 **CanvasRebel**, “Meet Robert (CLAY) Williams,” (magazine article)
- 10/2023 **VoyageDallas**, “Hidden Gems: Meet Robert Clay Williams of Elite Enhancement of East Texas,” (magazine article)
- 2003, 2004 **Praecis / American Urologic Association, Gerald P. Murphy Scholar**
- 2000 **Outstanding PGY-1 Resident Teaching Award UAMS**
- 1995-1999 **Valedictorian of 108 students and Dean's List. UNTHSC.**
- 1999 **Who's Who in America**
- 1999 **Hoechst Marion Roussel Award. UNTHSC Valedictorian**
- 1998 **G.W. Thompson Scholarship. UNTHSC.**
- 1998 **Tex Roberts Academic Excellence Award and Scholarship. UNTHSC.**
- 1996-present **Psi Sigma Alpha National Honor Society.** Outstanding academic performance.
- 1996-present **Sigma Sigma Phi National Osteopathic Honor Service Fraternity. UNTHSC.**
- 1997 **Mary L. Schunder Award.** Attained highest overall GPA in the Anatomy & Cell Biology Courses from 1995-1996 at the University of North Texas.
- 1997 **Medical Pharmacology Outstanding Performance Award. UNTHSC.**

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- 1996 **Biochemistry and Molecular Biology Outstanding Performance Award.** UNTHSC.
- 1996 **McGraw Hill Academic Award.** Rank: 1 out of 111 students at UNTHSC.
- 1992-present **Alpha Chi National Honor Society.** Academic excellence at Stephen F. Austin.
- 1992 **Beta Beta Beta Biology Honor Society.** Stephen F. Austin.
- 1989-present **Phi Theta Kappa National Honor Society.** Texarkana College.

PROFESSIONAL MEMBERSHIPS

- 2026-present **The Society of Genitourinary Reconstructive Surgeons (GURS)**
- 2018-present **Sexual Medicine Society National Association (SMSNA)**
- 2018-present **International Society of Sexual Medicine (ISSM)**
- 2018-present **Society of Urologic Prosthetic Surgeons (SUPS)**
- 2014-2015 **Secretary and Delegate of Smith County Medical Alliance**
- 2005-present **Smith County Medical Alliance**
- 2003-present **American Association of Clinical Urologists**
- 2002-present **Arkansas Urological Society**
- 2001-present **South Central Urological Association**
- 2000-present **American Urological Association (AUA)**
- 2000-present **Arkansas Medical Society**
- 1995-present **American Osteopathic Association (AOA)**
- 1995-present **Texas Medical Association (TMA)**
- 1995-present **Texas Osteopathic Medical Association (TOMA)**

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EXTRACURRICULAR: Residency, Medical School, and College

- 2002 **Member of Graduate Medical Committee and Resident Council**
- 2002 **Member of Graduate Medical Committee Appeals / Grievance Board,**
Active session July 2003
- 2002 **Member of GMC Performance Improvement Subcommittee**
- 2001-2005 **Volunteer, Annual Prostate Cancer Screening at Arkansas Cancer
Research Center**
- 1995-1998 **Student Osteopathic Surgical Association.** Served student chapter as President,
First-Year and Third-Year Representative. Organized suture, phlebotomy, and
casting clinics as well as scheduled guest speakers and fund raisers.
- 1996-1997 **National Delegate for American Medical Association, Medical
Student Section.** Participated in resolution debate at House of Delegates in
Chicago, IL and Dallas, TX.
- 1997 **Surgery Lecture Course Test Review Committee.** Evaluated and discussed the
examinations with the course director.
- 1996-1997 **Pathology Patient-Oriented Problem Solving Lab Teaching Assistant**
- 1996-1997 **Health Screening Physicals.** Boy Scouts of America and Catholic Diocese.
- 1990-1992 **Sigma Tau Gamma Social Fraternity.** Vice-President of Education, New
Member (pledge) Instructor, and various Social and Fund-Raising Committees at
Stephen F. Austin.

RESEARCH & PRESENTATIONS

- October 2025 Sexual Medicine Society of North America: **“A Novel Dual-Zone Injection
Protocol Using Hyaluronic Acid for the Treatment of Premature
Ejaculation,”** Suarez-Sarmiento, Jr., A., Perito, Paul, Williams, R.C.,
Panagis, G., Brennan M.
- October 2025 Sexual Medicine Society of North America: **“Restoring Urethral Contour
After Penile Implant Surgery: A Novel Use of the UroFill^R Technique,”**
Suarez-Sarmiento, Jr., A., Perito, Paul, Williams, R.C., Panagis, G., Brennan M.
- Winter 2006 “External Validation of Outcome Prediction Model for Ureteral/Renal Calculi,”
Sijo J. Parekattil, Udaya Kumar, Nicholas J. Hegarty,
Clay Williams, Tara Allen, Patrick Teloken, Victor A. Leitao, Nelson
R. Netto, Georges-Pascal Haber, Charles Ballereau, Arnauld Villers, Stevan
B. Stroom, Mark D. White, and Michael E. Moran, *Journal of Urology*, Vol
175, Number 2, February 2006, Pp 575-579.

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- Fall 2004 South Central Urology Conference presentation: **“Birt-Hogg-Dube and Renal Cell Carcinoma: A Case Report.” Williams, R.C.** and Bissada, N.
- Fall 2004 South Central Urology Conference presentation: **“Laparoscopic Renal Cryoablation.”** Kumar, U., **Williams, R.C.**, Barnes, R.W.; VHS/CD/DVD Surgery Skills Education Center Production
- Spring 2004 **“Video-Assisted Minilaparotomy for Nephrectomy” Williams, R.C.**, Kumar, U., and Yang, S.C.
- 2004 **BPH & Beyond: Key Opinion Leader Scientific Sessions**
- 2004 **3rd National Urology Resident Preceptorship in Female Pelvic Medicine and Reconstructive Surgery at Cleveland Clinic** Firouz Daneshgari, M.D. and associates; didactic and live surgery
- 2003-2005 **Laparoscopy 101: Resident Education Didactic, Animal Lab, and Clinical Laparoscopic Training**
- 2003 **1st National Urology Resident Preceptorship in Laparoscopic Surgery at Cleveland Clinic.** Inderbir Gill, M.D. and associates; didactic and animal lab in laparoscopy
- Fall 2003 **Interactive Video Conference:** University of Arkansas for Medical Sciences, Dept of Family Medicine, The Arkansas Cancer Coalition, Arkansas Prostate Cancer Foundation, UAMS Rural Hospital Program: **7th Annual New Drug Update, “Prostate Cancer: Status of Early Detection and Treatment Outcomes.”**
- Fall 2003 South Central Urology Conference presentation: **“Metastatic Renal Cell Carcinoma to the Prostate, A Case Report.” Williams, R.C.** and Greene, G.
- Fall 2003 South Central Urology Conference presentation: **“Helical CT vs. IVP: Evaluation and Management of Urolithiasis.” Williams, R.C.**, Finkbeiner, A.E., and Kumar, U.
- Spring 2003 AUA National Conference presentation: **“Laparoscopic Pyeloplasty for Ureteropelvic Junction Obstruction.”** DVD/Video conference; Kumar, U., **Williams, R.C.**, Barnes, R.W.
- Fall 2002 Barone, Gary W. and **R. Clay Williams.** **“Small Bowel Obstruction,”** Resident & Staff Physician, 48 (11); p 61, 65.

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- Fall 2002 South Central Urology Conference presentation: "**Testicular Torsion: Intra-operative Doppler and Vasodilator.**" Williams, R.C., Kumar, U.
- Fall 2002 South Central Urology Conference presentation: "**Syndecan-1 Expression in Benign and Malignant Prostate Tissue.**" Williams, R.C., Greene, G.
- Spring 2003 "**Laparoscopic Renal Cryoablation.**" Kumar, U., Williams, R.C., Barnes, R.W.; VHS/CD/DVD Surgery Skills Education Center Production
- Fall 2002 "**Laparoscopic Pyeloplasty for Ureteropelvic Junction Obstruction.**" Kumar, U., Williams, R.C., Barnes, R.W.; VHS/CD/DVD Surgery Skills Education Center Production
- Spring 2002 "**Retroperitoneal Laparoscopic Nephrectomy for UPJ Obstruction.**" Kumar, U., Touijer, A.K., Williams, R.C., Barnes, R.W.; VHS/CD/DVD Surgery Skills Education Center Production
- Spring 2002 "**Transitional Cell Carcinoma: Management in the Absence of Visible Disease and Urinary Cytological/Molecular Diagnostics.**" PGY3 Resident Presentation.
- Spring 1998 "**Thoracic Outlet Syndrome: Pathophysiology, Diagnosis, and Treatment.**" Manipulative Medicine Core Rotation presentation.
- Summer 1997 **Key Note Speaker and Presentation of Commemorative Plaque**, for Mary L. Schunder, retiring Anatomy Professor and Founding Faculty Member.
- Fall 1994 "**Histological Comparison of *Rattus, rattus* Intestinal Tract and Colon.**" Scanning Electron Microscopy research and presentation at Stephen F. Austin.

EARLY EMPLOYMENT

- 2003-2005 **Compensation and Pension Examiner, Urology** Dept of Veterans Affairs
- Fall 1996 **Gross Human Anatomy Lab Instructor.** Anatomical instruction to Speech Pathology graduate students from University of North Texas at Denton.
- Summer 1996 **Gross Human Anatomy Prosector.** Provided model dissections for first-year medical students.
- Spring 1996 **Academic and Tutoring Aid for Medical Physiology.**
- 1994-1995 **EMS Auxiliary and Emergency Room Volunteer.** Nacogdoches, TX.
- 1993-1995 **Surgical Scrub Technician / First Assistant.** Nacogdoches Memorial Hospital.
- 1991-1992 **Organic Chemistry Lab Instructor.** Stephen F. Austin

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PERSONAL

Elite Enhancement of East Texas: Restorative and Regenerative Therapy

President/CEO/CMO

Owner and Provider with wife, Michelle, RN BSN (CFO, COO, CNO)

Certified UroFill[®] Master Class Instructor and Provider/Injector

Certified UroFill[®] Provider -- Penile Girth Enhancement

Eagle Scout, Boy Scouts of America

Vigil Honor Member of the Order of the Arrow, Boy Scouts of America

Order of the Rose, Texas Rose Festival, Member

Member of Green Acres Baptist Church, Tyler, Tx

Current hobbies: CrossFit/Sports Endurance, jogging, weightlifting, swimming; duck hunting, reading, boating, snow skiing, and scuba diving

Wife (Michelle) and family (Harrison and Anna Claire)

